

# Functional Fitness



C

Feb. 7<sup>th</sup> ,12<sup>th</sup> ,19<sup>th</sup> ,  
21<sup>st</sup> ,26<sup>th</sup> & 28<sup>th</sup>

*Call 902-421-6131 to register!*

*Classes are **free!***



5596 Morris St., Halifax, N.S. B3J 1C2

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