

HOPES Health Centre

at Spencer House Seniors' Centre

5596 Morris St., Halifax

902-421-6131



Services offered:

Dental referrals

Full medical history & physical exams

Blood pressure & heart rate monitoring

Wound care

Medication reviews

Nutrition counselling

Occupational therapy assessments

Social Work

About HOPES:

- It's **FREE** !
- No health card or ID required
- **Sundays Feb. 10th & 24th @ 1:30-3:30 pm**



HOPES
Health
Centre

a student-led initiative



HOPES Health Centre

CLINIC REOPENS OCT 14th

1246 LeMarchant Street, 2nd floor
Sundays 1:30-4:00 PM

About HOPES:

- It's free
- No health card or ID needed
- Drop-in
- See us every Sunday!

www.hopeshealthcentre.com



Services offered:

- Select dental services
- Dental referrals
- Full medical history and physical exams
- Blood pressure & heart rate monitoring
- Wound care
- Medication reviews
- Nutrition counselling
- Occupational therapy assessments
- Social Work

Please contact us for more information:
hopesrc@gmail.com