

Diabetic dessert available!
Friday clearance meals only \$4!

SPENCER HOUSE MENU

Lunch is served from 12 noon – 1:00pm

*** NON-MEMBERS ADD \$3 TO THE PRICE**

We're located at
5596 Morris St,
Halifax
902 421 6131



- Boston baked beans
- Carrot apple soup



- Meatloaf dinner
- Chicken barley soup



- Spaghetti & meat sauce
- Fresh veggie lasagne
- Daily Special below

DAILY SPECIALS FOR FEBRUARY 2019 - menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Meat & veggie lasagne; Birthday cake!
4 Pan fried haddock, scalloped taters (hash browns), peas & carrots; California date squares	5 International Nutella Day! Company chicken, roasted potatoes, carrot/squash casserole; Nutella brownies	6 Beef & cabbage casserole with bacon-cheddar-corn bread; chocolate pudding with whipped topping	7 Sausages & beans, mixed veggies; pumpkin cobbler	8 Hot turkey sandwiches, mashed potatoes, green beans; lemon fluff
11 Italian chicken, mashed potatoes, creamed spinach; peach delight squares	12 Ham, spinach & cheddar quiche, kale salad; gingerbread with lemon sauce	13 Smothered pork chops, rice, roasted carrots & Brussels sprouts;	14 Happy Valentine's Day! Dinner & Dance! Roast beef dinner with all the trimmings!	15 Fish cakes, scalloped potatoes, cheesy broccoli; double chocolate pie
18 CLOSED – HERITAGE DAY	19 Caprese pork chops, potato logs, carrot/turnip mash; banoffee pie	20 International Cherry Pie Day! Herb crusted fish, mashed potatoes, braised red cabbage; cherry pie	21 Shepherd's pie, mixed veggies; butterscotch pudding with whipped topping	22 Homemade chicken noodle soup, club house sandwiches; rice pudding
25 Turkey pot pie, garden salad; lemon loaf	26 Wishing for Summer day! Burgers, hot dogs, potato salad, coleslaw; ice cream sundaes	27 Russian chicken, veggie fried rice, mixed veggies; red velvet cake	28 Shrimp fettuccine, roasted squash, coconut custard pie	

VALENTINE'S DINNER & DANCE THURSDAY FEBRUARY 14!