



**Spencer House  
Seniors' Centre**

**January 2018**

MONDAY to FRIDAY, 10:00 a.m.- 3:00 p.m.

**5596 Morris St, Halifax  
902-421-6131**

Make today  
ridiculously  
amazing!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Happy New Year!</b> <b><u>CLOSED</u></b>	<b>2</b> Exercise Class 10:30 a.m. Bingo 1:00 p.m.	<b>3</b> <b>Games Afternoon</b> <b>1:00 p.m.</b> <b>*National Fruitcake Toss Day</b>	<b>4</b> Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	<b>5</b> <b>Let's Plan the New Year</b> <b>10:30 a.m.</b> <b>Karaoke &amp; Happy Hour</b> <b>1:00 p.m.</b>
<b>8</b> Coffee & Conversation 11:00 a.m. Charity Group Meeting 1:00 p.m.	<b>9</b> Exercise Class 10:30 a.m. Blood Pressure Clinic 10:30-12:00 p.m. Bingo 1:00 p.m.	<b>10</b> <b>HOPES Clinic Presentation</b> <b>1:00 p.m.</b>	<b>11</b> Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	<b>12</b> <b>Lexicon</b> <b>11:00 a.m.</b>
<b>15</b> Coffee & Conversation 11:00 a.m. Movie Matinee: "Annie" 1:00 p.m. National Hat Day Crazy Hat Contest	<b>16</b> Exercise Class 10:30 a.m. Bingo 1:00 p.m.	<b>17</b>	<b>18</b> Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	<b>19</b> <b>Karaoke &amp; Happy Hour</b> <b>1:00 p.m.</b>
<b>22</b> Coffee & Conversation 11:00 a.m.	<b>23</b> Exercise Class 10:30a.m. Bingo 1:00 p.m.	<b>24</b> <b>Games Afternoon</b> <b>1:00 p.m.</b>	<b>25</b> Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	<b>26</b> <b>Lexicon</b> <b>11:00 a.m.</b>
<b>29</b> Coffee & Conversation 11:00 a.m. Movie Matinee: "Hidden Figures" 1:00 p.m.	<b>30</b> Exercise Class 10:30 a.m. Bingo 1:00 p.m.	<b>31</b>		

***A Community Hub in South-End Halifax! Everyone Welcome! Tea & Coffee always FREE !***

*This calendar is brought to you by*

