

Diabetic dessert available!
Friday clearance meals only \$4!

SPENCER HOUSE MENU

Lunch is served from 12 noon – 1:00pm

*** NON-MEMBERS ADD \$3 TO THE PRICE**

We're located at
5596 Morris St,
Halifax
902 421 6131



- Boston baked beans
- Carrot apple soup



- Meatloaf dinner
- Chicken barley soup



- Spaghetti & meat sauce
- Fresh veggie lasagne
- Daily Special below



DAILY SPECIALS FOR JANUARY 2019 - menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		2 Herb crusted fish, mashed potatoes, carrot turnip mash; Birthday cake!	3 Honey garlic drumsticks, veggie fried rice, glazed carrots; fruit cocktail with whipped topping	4 Smothered pork chops, roasted potatoes, green beans; gingerbread with lemon sauce
7 Shepherd's pie, cabbage casserole, banana bread pudding	8 Salmon loaf, mashed potatoes, broccoli & cauliflower casserole; apple pie	9 Shake n bake chicken legs, scalloped potatoes, coleslaw; strawberry cake	10 Sweet & sour pork over rice, peas; chocolate pudding with whipped topping	11 Hamburger soup, cheesy garlic bread; Peach delight
14 Chicken a la king over noodles, green beans & peas; brownies	15 Steak & broccoli stir fry, veggie fried rice, carrots; lemon meringue pie	19 Fish with basil tomato sauce, mashed potatoes, carrot/turnip mash; carrot cake	17 DINNER THEATRE ADVANCE TICKET PURCHASE REQUIRED	18 Pork chops with gravy, mashed potatoes, mixed veggies; banana chocolate chip bars
21 Stuffed haddock, mashed potatoes, roasted carrot salad; blueberry grunt	22 BBQ pork chops, mashed potatoes, carrot/turnip mash; lemon fluff	23 Spaghetti with meat sauce, Caesar salad; California date squares	24 Turkey burgers, potato wedges, coleslaw; vanilla pudding with whipped topping	25 Broccoli cheddar soup with club house sandwiches; chocolate peanut butter squares
28 Aussie chicken, Spanish rice, zucchini tomato sauté; lemon bars	29 Beef patties with gravy, mashed potatoes, braised red cabbage; mini Oreo cheesecakes	30 Pork piccata over lemon cream noodles; mixed veggies; fruit cocktail with whipped topping;	31 Mexican fish, mashed potatoes, roasted root veggies; cookies & ice cream	