



June 2017

MONDAY to FRIDAY, 10:00am-3:00pm

Make today
ridiculousl
y amazing!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cribbage Club 1:00pm	2 Games Afternoon 1:00pm
5 Seniors Olympics 1:00pm	6 Maggie the Mascot 10:30am Bingo 1:00pm	7 Exercise Class 10:30am Belly Fit with Margaret 1:00pm	8 Cribbage Club 1:00pm	9 Coffee & Conversation 11:00am Karaoke & Happy Hour 1:00pm
12 Seniors Olympics 11:00am Norththwood InTouch Presentation 1:00pm	13 Bingo 1:00pm	14 Exercise Class 10:30am Public Library 1:00pm	15 Cribbage Club 1:00pm	16 Fathers Day Luncheon 12:00pm Games Afternoon 1:00pm
19 Blood Pressure Clinic 10:30am-12:30pm Movie Matinee: Queen Victoria's Children 1:00pm	20 Bingo 1:00pm	21 Exercise Class 10:30am Belly Fit with Margaret 1:00pm	22 Cribbage Club 1:00pm	23 Coffee & Conversation 11:00am Karaoke & Happy Hour 1:00pm
26 Seniors Olympics 11:00am Book Club 1:00pm	27 Maggie the Mascot 10:30am Bingo 1:00pm	28 Exercise Class 10:30am Celebrating our History 1:00pm	29 Canada 150 Celebration 1:00pm	30 Planters Ridge Winery Tour 10:00am *Registration Required*

A Community Hub in South End Halifax! Everyone Welcome! Tea & Coffee always free!

Spencer House Seniors' Community Centre 5596 Morris St, Halifax 902 421 6131