

Diabetic dessert available!  
Friday clearance meals only \$4!

# SPENCER HOUSE MENU

*Lunch is served from 12 noon – 1:00pm*

**\* NON-MEMBERS ADD \$3 TO THE PRICE**

We're located at  
5596 Morris St,  
Halifax  
902 421 6131



- Boston baked beans
- Carrot apple soup



- Meatloaf dinner
- Chicken barley soup



- Spaghetti & meat sauce
- Fresh veggie lasagne
- Daily Special below



## DAILY SPECIALS FOR NOVEMBER 2018 - menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken burgers, potato wedges, coleslaw; Birthday cake!	2 Ham, spinach & cheddar quiche with kale salad; California date squares
5 Porcupine meatballs over rice, mixed veggies; Dutch crumb cake	6 Crispy chicken parmigiana, mashed potatoes, roasted root veggies; lemon meringue pie	7 Stuffed fish filets, buttered gnocchi, carrot & turnip mash; vanilla pudding with whipped topping	8 <b>National Cappuccino Day!</b> Pork chops with apple chutney, roasted sweet potatoes, mixed veggies; brownies	9 Cheddar & onion frittata, broccoli salad; ambrosia salad
12 <b>CLOSED IN LIEU OF REMEMBRANCE DAY</b>	13 BBQ onion pork chops, mashed potatoes, braised red cabbage; apple pie cupcakes	14 Glazed ham, butternut squash mac & cheese, green beans; lemon bars	15 Cranberry chicken, mashed potatoes, bacon roasted Brussels sprouts; banana chocolate chip squares	16 Fish in phyllo pastry, Spanish rice, green beans; pineapple coconut squares
19 Sausage & veggie strata, peas & carrots; gingerbread with lemon sauce	20 <b>National P Butter Fudge Day!</b> Shepherd's pie, garden salad; Peanut butter fudge	21 Haddock au gratin, hasselback potatoes, zucchini tomato sauté; cookies & ice cream	22 Smothered pork chops, mashed potatoes, mixed veggies; fruit cocktail with whipped topping	23 Aussie chicken, mashed potatoes, carrot & turnip mash; raspberry mousse pie
26 Cheeseburger pie, carrot salad; chocolate pudding with whipped topping	27 Turkey pot pie with stuffing crust, garden salad; lime mousse	28 Sweet & sour pork over rice, green beans & peas; peach delight	29 Broccoli cheddar soup with ham & cheese sandwiches; apple pie	30 Herb crusted fish, mashed potatoes, roasted root veggies; chocolate peanut butter squares

