



**Spencer House
Seniors' Centre**

October 2017

MONDAY to FRIDAY, 10:00 a.m.- 3:00 p.m.

**5596 Morris St, Halifax
902-421-6131**

Make today
ridiculously
amazing!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Movie Matinee: "The Intern" 1:00 p.m.	3 Blood Pressure Clinic 10:30-12:00 p.m. Exercise Class 10:30 a.m. Bingo 1:00 p.m.	4 Storytellers 10:30 a.m. "Email Basics" with Halifax Central Library 1:15 p.m.	5 Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	6 Thanksgiving Dinner! 11:45 a.m. & 1:15 p.m. \$12 - members, \$16 - non-members <i>*Tickets are non-refundable</i>
9 Happy Thanksgiving! CLOSED	10 Exercise Class 10:30 a.m. Bingo 1:00 p.m.	11 Fun Fall Craft 10:30 a.m. Find Your Voice Music Therapy Presentation 1:00 p.m.	12 Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	13 Seniors Olympics 11:00 a.m. Karaoke & Happy Hour 1:00 p.m.
16 Coffee & Conversation 11:00 a.m. Games Afternoon 1:00 p.m.	17 Exercise Class 10:30 a.m. Bingo 1:00 p.m.	18 Fun Fall Craft 10:30 a.m. Funeral Planning and Wills Presentation 1:00 p.m.	19 Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	20 Kitchen Party! 1:00 p.m. <i>*live music by Ron and Terry</i>
23 Coffee & Conversation 11:00 a.m. Movie Matinee: "Old Dogs" 1:00 p.m.	24 Exercise Class 10:30 a.m. Charity Group Meeting 11:00 a.m. Bingo 1:00 p.m.	25 Storytellers 10:30 a.m. Maritime Museum of the Atlantic 1:00 p.m.	26 Exercise Class 10:30 a.m. Cribbage Club 1:00 p.m.	27 Centre Closes 1:30 p.m.
30 Exercise Class 10:30 a.m. Bingo 1:00 p.m.	31 Halloween Luncheon & Dance 1:00 p.m.			

A Community Hub in South-End Halifax! Everyone Welcome! Tea & Coffee always FREE !

This calendar is brought to you by

