

DEAR FRIENDS OF SPENCER HOUSE

Spencer House is constantly learning and growing to better serve the community. Amid the changing public health restrictions, we are becoming a stronger community! Opportunities have arrived at our doors and we have said: yes! We are welcoming many new faces at the Centre. Hopefully, we will see yours soon as well.

WHAT'S HAPPENING AT SPENCER HOUSE



The Butterfly Effect Campaign

In partnership with the We Are Young Association and RBC, Spencer House helped create the Butterfly Effect Campaign. Origami butterflies were made by RBC employees and their families. The butterflies were given to seniors across Nova Scotia, to symbolize all of the trials, tribulations, and challenges that they've overcome. In return, members of Spencer House shared words of wisdom for the younger generations who are still finding their way.

<https://www.facebook.com/weareyoungassociation/videos/404297267733185>

Gerry's story

Gerry has been coming to the center for many years. Her big heart and many beautiful stories have made her recognizable by all the members, volunteers, and staff. The United Way came by the center to interview her and her thoughts about Spencer House. Read her inspiring story

<https://www.unitedwayhalifax.ca/blog/meet-gerry/>

Mount Saint Vincent University

Spencer House was invited to the Co-curricular Day!

- 10 new volunteer applications
- New Website visits.
- New Facebook Page views.

Seniors Week (October 1-8)

In partnership with Reachability, the Center hosted activities throughout the week including music classes, playing instruments, fitness classes, and a kitchen party! Our members engaged and enjoyed a week celebrating the joys of aging in NS.

Mark your calendars!

#GivingTuesday is November 30th

#GivingTuesday is a day dedicated to giving back. This year, we're again partnering with Give65, a program of Home Instead Charities, who will match your donation up to \$5000! While 2021 was another difficult year for older adults, Spencer House has been there to help keep our seniors happy, healthy, and connected to their community as they age in place. Thank you for supporting us as we support others! You can make your donation here: [insert link]

2020 Impact Report

Our annual meeting was held on October 28th. You can read our 2020 Impact Report here:

<https://www.spencerhouse.ca/our-impact>



THANK YOU FOR HELPING US
BUILD A STRONGER
COMMUNITY. TOGETHER.
BE WELL,
ALLI, NATALIA, SHIVANI & ERIN