FEBRUARY drop in program open 9:00am - 3:00pm monday to friday 2025

MONDAY

TUESDAY

Wellness **WEDNESDAY**

THURSDAY

FRIDAY

3

11:00 - MEMBERS

MEETING

1:00 - MOVIE

4

Nail Painting in AM
10:30 - COFFEE SOCIAL

1:00 **- BINGO**

register by 12:45

5

Foot Care Clinic

10:30 - CHAIR DANCE

1:00 **- FIRE SAFETY &**

PREVENTION

6

10:30 **- FITNESS**

1:00 - CRIB CLUB

7

10:30 **- CRAFTING**

1:00 **- TWO HOUSES**

PLAY

10

10:30 - COFFEE SOCIAL

1:00 **- MOVIE**

11

Nail Painting in AM 10:30 - COFFEE SOCIAL

1:00 - **BINGO**

register by 12:45

12

10:30 - CHAIR DANCE

1:00 - NAVAGATING

HEARING LOSS

13

10:30 **- FITNESS**

1:00 - **CRIB CLUB**

14

10:30 **- CRAFTING**

1:00 - VALENTINES

DANCE

17

SPENCER HOUSE

CLOSED FOR

HERITAGE DAY

18

Nail Painting in AM 10:30 - COFFEE SOCIAL

1:00 - BINGO

register by 12:45

19

10:30 - CHAIR DANCE

1:00 - CONCERTS IN

CARE

20

10:30 **- FITNESS**

1:00 - CRIB CLUB

21

10:30 - **CRAFTING**

1:00 **- KARAOKE**

24

10:30 - COFFEE SOCIAL

1:00 **- MOVIE**

25

Nail Painting in AM
10:30 - COFFEE SOCIAL

1:00 **- BINGO**

register by 12:45

26

10:30 **- BOOK CLUB**

1:00 - STORYTELLING-

SPECIAL ITEMS

27

10:30 **- FITNESS**

12:30 **- BIRTHDAYS**

1:00 - CRIB CLUB

28

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10:30 **- CRAFTING**

1:00 - MUSIC BINGO

WITH TD BANK

5596 Morris St. Halifax 902-421-6131



Breakfast 9-10am, Lunch 12-12:30pm See other side for menu

FEBRUARY

9:00-10:00AM BREAKFAST. \$2.

12:00-12:30PM LUNCH. \$7 MEMBERS. \$10 NON-MEMBERS.

2025

Wellness **MONDAY TUESDAY THURSDAY FRIDAY WEDNESDAY** 4 Homemade Tomato Pork Stirfry **Butter Chicken** Breakfast for Lunch Lasagna Jasmine Rice Garden Salad Basmati Rice Soup Sausages & Eggs Grilled Cheese Homefries Spring Rolls & Naan **Garlic Bread** 11 13 14 10 12 Hot Chicken **Beef Stew** Salisbury Steak Tortellini w Rose Baked Ham **Baked Potatoes** Sandwiches Homemade Biscuits Scalloped Potatoes Sauce & Crispy Veggies & Mash Veggies Chicken Veggies 18 20 17 19 Chicken Pot Pie Chicken Burgers Salmon Cakes **Spencer House** Shepherd's Pie Oven Fries **Dinner Rolls** closed for Dinner Rolls Garden Salad Coleslaw **Heritage Day Dinner Rolls** 25 26 **27** 28 24 Savory Meatballs Roasted Pork **Breaded Haddock** African Chicken Bangers & Mash Jasmine Rice Sweet Potato Mash **Roasted Potatoes Peanut Stew** with Veggies Onions & Peas Veggies **Biscuits** Veggies

5596 Morris St. Halifax 902-421-6131

www.spencerhouse.ca

Lunch includes tea/coffee & dessert No reservations, first come first serve